

RSU# 57 School
Nutrition



Elementary Breakfast
Menu

2016

PLEASE NOTE: BC=BREAKFAST CART - AVAILABLE AT WATERBORO ELEMENTARY FOR GRADES 4 & 5 ONLY.

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>Breakfast Pricing:</u> \$1.75 Elementary Breakfast \$2.00 MMS Breakfast 6-8 \$2.00 MHS Breakfast 9-12 \$.00 Reduced Breakfast</p>	<p>1 Slice of Cinnamon Toast String Cheese Stick Apple Juice Kiwi Slices Cold Milk Choices BC-Breakfast Bun</p>	<p>2 Hot French Toast Sticks w/Syrup Chilled Grape Juice Chilled Pineapple Cold Milk Choices BC-Cinni Minis</p>	<p>3 Warm Banana or Zuchinni Bread Fruit Punch Fresh Melon Wedges Cold Milk Choices BC-Banana Bread</p>	<p>4 Warm Bagel w/Toppings Choice of Juice Fresh Local Apple Cold Milk Choices BC-Bagel w/Toppings</p>
<p>7 Toast w/Jelly Hard Boiled Egg Fruit Punch Diced Pears Cold Milk Choices BC-W/G Breakfast Bun</p>	<p>8 Fresh Made Coffee Cake String Cheese Stick Apple Juice Orange Smiles Cold Milk Choices BC-Coffee Cake & Cheese Stick</p>	<p>9 Hot Egg, Bacon & Cheese on a Croissant Orange Juice Chilled Pineapple Cold Milk Choices BC-Mini Pancakes</p>	<p>10 W/G Cinnamon Roll Grape Juice Chilled Peaches Cold Milk Choices BC-Cinnamon Roll</p>	<p>11 No School </p>
<p>14 Choice of Cereal Cup of Yogurt Fresh Local Apple Fruit Punch Cold Milk Choices BC-Cereal & Yogurt</p>	<p>15 Fresh Made Apple Coffee Cake String Cheese Stick Juice, Orange Wedges Cold Milk Choices BC-Coffee Cake & Cheese Stick</p>	<p>16 <u>Early Release Day</u> Warm Mini Cinni's Chilled Juice Choice Diced Pears Cold Milk Choice BC-Mini Cinni's</p>	<p>17 Warm W/G Breakfast Bun Chilled Orange Juice Cinnamon Applesauce Cold Milk Choices BC-W/G Breakfast Bun</p>	<p>18 Sausage, Egg & Cheese on an English Muffin Apple Juice Diced Peaches Cold Milk Choices BC-Apple/Cinnamon Roll</p>
<p>21 Hot Pancakes w/Syrup (3) Slices of Bacon Cinnamon Applesauce Orange/Pineapple Juice Cold Milk Choices BC-Mini Pancakes</p>	<p>22 Hot Ham & Cheese on a Croissant Orange Juice Fresh Kiwi Slices Cold Milk Choices BC-Bagel w/Toppings</p>	<p>23 No School</p>	<p>24 No School</p>	<p>25 No School</p>
<p>Thanksgiving Break!</p> 				
<p>28 <u>National French Toast Day!</u> Hot French Toast Sticks w/Syrup Choice of Chilled Juices Frozen Blueberry Cups Cold Milk Choices BC-Banana Bread</p>	<p>29 Fresh Made Blueberry Coffee Cake String Cheese Sticks Orange/Pineapple Juice Fresh Local Apples Cold Milk Choices BC-Coffee Cake & Yogurt</p>	<p>30 Hot Bacon, Egg & Cheese Wrap Assorted Juices Fresh Banana Cold Milk Choices BC-W/G Breakfast Bun</p>	<p>WE'RE HIRING! Substitute Food Service Workers! For More Info Call 247-3221 ext2257</p>	<p> Like us on Facebook @ RSU 57 School Nutrition</p>

Cereal choices are offered daily at Breakfast.

This Institution is an equal opportunity provider.



Milk Choice available daily: 1% White, Fat Free White, Chocolate & Strawberry



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Alternate choice this week:</p> <p>Chicken Patty on a W/G Roll</p>	<p>Lunch Meal Prices:</p> <p>\$2.75 Elementary Lunch \$3.00 MMS 6-8 Lunch \$3.00 MHS 9-12 Lunch \$.40 Reduced Lunch K-12 \$5.00 Adult Lunch</p>	<p>1 Brunch For Lunch W/W Pancakes w/Syrup (3)Sausage Links Hash Brown Potato Patty Oven Baked Beans Chilled Orange Juice Milk Choices, Ketchup</p>	<p>2 W/G Cheese Ravioli w/Sauce Garden Spinach Salad Steamed Peas & Carrots W/G French Garlic Bread Fresh Melon Chunks, Milk Lite Dressings</p>	<p>3 Crispy Popcorn Chicken Savory Rice, Steamed Corn Fresh Raw Broccoli Chilled Apple Juice W/W Sugar Cookies Cold Milk Choices Ketchup, Ranch</p>	<p>4 Fresh Made Pizza Choices (Cheese Or Pepperoni) Crisp Red Pepper Strips & Cucumber Slices Pineapple Juice Cold Milk Choices Lite Ranch Dressing</p>
<p>6 Alternate choice this week:</p> <p>Cheeseburger on a W/G Roll</p>	<p>7 Crisp Fish Nuggets Sweet Potato Puffs Steamed Mixed Vegetables Chilled Diced Peas Snickerdoodle Cookie Cold Milk Choices Ketchup</p>	<p>8 Steamed Hot Dogs In W/W Rolls Hot Vegetarian Beans Crispy Carrot Coins Fresh Kiwi Cold Milk Choices Ketchup & Mustard</p>	<p>9 Boneless Chicken Drumsticks Crisp Carrot & Celery Sticks Warm W/G Cinnamon Roll Chilled Grape Juice Cold Milk Choices Lite Ranch Dressing</p>	<p>10 W/G Stuffed Crust Pizza Crisp Tossed Salad w/Romaine Steamed Green Beans Chilled Apple Juice Cold Milk Choices Lite Dressings</p>	<p>11 No School</p> 
<p>13 Alternate choice this week:</p> <p>Shaved Ham & Cheese on a W/G Roll</p>	<p>14 Brunch For Lunch W/G French Toast Sticks w/Syrup Sausage Patty Sweet Potato Fries Oven Baked Beans, Chilled Orange Juice, Milk, Ketchup</p>	<p>15 Popcorn Chicken Seasoned Potato Wedges Wheat Roll w/Butter Fresh Broccoli, Butternut Squash Chilled Apple Juice Cold Milk Choices Ketchup</p>	<p>16 Early Release Day Twisty Breadsticks w/Dipping Sauce Fresh Carrot Coins Steamed Peas Orange/Pineapple Juice Milk Choices, Lite Ranch</p>	<p>17 Thanksgiving Lunch Roast Turkey w/Gravy Fluffy Mashed Potatoes Steamed Peas, Cranberry Sauce Warm Wheat Roll w/Butter Chilled Pineapple, Holiday Cookie Cold Milk Choices</p>	<p>18 Make Your Own Subs Turkey & Cheese on W/W Sub Rolls Shredded Lettuce, Diced Tomatoes, Pickles, Onion, Green Peppers, Bananas Cold Milk Choices Mayo & Mustard</p>
<p>20 Alternate choice this week:</p> <p>Tuna Salad Sandwich w/Pickles</p>	<p>21 Teddy Bear Picnic Turkey & Cheese on a W/W Roll Red Pepper & Cucumber Slices Applesauce Cups Teddy Cookies</p>	<p>22 Crispy Chicken Nuggets Seasoned Potato Wedges Crisp Tossed Salad Frozen Blueberry Cups Biscuit w/Butter & Jelly Cold Milk Choices Ketchup, Lite Dressings</p>	<p>23 No School</p> <p>24 No School</p> <p>25 No School</p> <p>Thanksgiving Break!</p> 		
<p>27 Alternate choice this week:</p> <p>Grilled Cheese w/ Cup of Yogurt</p>	<p>28 Hot Ham & Cheese on a Croissant Crispy Potato Wedges Hot Steamed Broccoli Chilled Grape Juice Chocolate Chip Cookie Milk Choices, Ketchup</p>	<p>29 Let's Go Fishing Shaved Turkey & Cheese On a W/G Roll Wango Mango Juice Or Dragon Punch Gold Fish Crackers Baby Carrots, Fresh Apple Cold Milk Choices</p>	<p>30 Italian Pasta Day Hot Pasta w/Meat Sauce & Shredded Cheese W/G Garlic French Bread Crisp Garden Salad Steamed Peas Chilled Apple Juice Milk, Lite Dressings</p>	<p>WE'RE HIRING!</p> <p>Substitute Food Service Workers! For more info call 247-3221 ext.2257</p>	<p> Like us on Facebook</p> <p>@ RSU 57 School Nutrition</p>

Please note - Breakfast & Lunch menus are subject to change without notice.
 All fruit & veggie choices may vary based upon pricing & availability.

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**Sunbutter/Peanutbutter & Jelly is available daily